



THE UNIVERSITY OF ARIZONA

Center for
Integrative Medicine

The University of Arizona Center for Integrative Medicine

The University of Arizona Center for Integrative Medicine is leading the transformation of health care by training a new generation of health professionals and by empowering individuals and communities to optimize health and wellbeing through evidence-based, sustainable, integrative approaches.

Resource List

LOCAL

University of Arizona Center for Integrative Medicine — www.AzCIM.org
University of Arizona Center for Compassion Studies — www.compassioncenter.arizona.edu
Community Food Bank of Southern Arizona — www.communityfoodbank.org
Copper Creek Elementary - Milers Club — www.amphi.com/Page/9208
Painted Sky Elementary - Milers Club — www.amphi.com/domain/1676
Manzo Elementary School - Garden — www.gomanzo.com/about
Interfaith Community Services — www.interfaithservices.org
National Park Rx Day - Tucson — www.parkrx.org/sites/default/files/Rx%20day%20oflier.pdf
Ben's Bells — www.bensbells.org
YMCA's Diabetes Prevention Program — www.ymca.net/diabetes-prevention

NATIONAL

The Environmental Working Group - Consumer Guides — www.ewg.org/consumer-guides
National Recreation and Park Association — www.nrpa.org/grants-and-partners/recreation-and-health/park-prescriptions/
Compassionate Schools Project — www.compassionschools.org
Mindfulness in Schools Project — www.mindfulnessinschools.org
Healthy Babies Bright Futures — www.hbbf.org
100 Million Healthier Lives — www.100mlives.org
Edible Schoolyard Project — www.edibleschoolyard.org
Gratefulness.org — www.gratefulness.org
Wholesome Wave — www.wholesomewave.org
GirlTrek — www.girltrek.org
Park Rx — www.parkrx.org
Charter for Compassion — www.charterforcompassion.org/index.php/communities

“If you want to get there fast—go alone. If you want to go far, go together.” —African Proverb